

The Washington Jest



Rela 76/69 • Tomorrow: Showers 64/65 • DEYADA, CIO

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This morning Democrats and Republicans passed bi-partisan legislation that is great for Americans!

Mitch McConnell and Nancy Pelosi shake on it!

Thousands of people are marching through the streets of D.C. in hopes that everything from now on is going to be, let's just say, okay! This is what all Americans have been

wishing for all along. Ms. Pelosi indicated that she is thrilled to go for 2 mile walks with Mr. McConnell. Mitch furthered the goodwill by sending her chocolates.

Friday 8:00 AM
Partly Cloudy

 **77**°F

Intelligence Surveillance Court

March Madness

Tomorrow's basketball games are going to be excellent for dessert

connoisseurs and heavy boozers alike. Suggested foods for satisfying hungry fans appetites: ice cream, beer, chips, soda and guacamole. We are taking a poll: Who's going to win?

Email news@thejest.com

Basket Weaving -The best fitness program

It seems that experts clash on what is ultimately the best way to maximize health, well-being and longevity. Critics claim

that basket weaving is the perfect training method and it doesn't seem to matter your age or condition.



Why do ultra-runners run so far?

What is it about long distance runners that makes them strive to be Forest Gump? This question has plagued psychologists and scientists alike. Finally, after years of research we know

why. In the frontal lobe of the brain, marathoners and specifically ultra-marathoners have rough patches that impair their ability to make judgments and control some motor muscle functions.