

Running 51.4

This past weekend, I had the opportunity to step it up a bit. My life is epitomized by computer sedentariness; I spend way too many hours sitting and staring at my screen. Managing money and making proper investments requires a tremendous amount of time and dedication. It is a never ending affair in today's global investment marketplace. Trying to decipher the actions and intentions of central banks, monitoring worldwide GDP rates, gauging the employment and housing situation, and keeping abreast of interest rates, leading currencies and how inflation may affect consumer living standards in the near or longer term can get a bit heady at times.



To break things up I head outdoors for a run. Saturday, I participated in Badwater Cape Fear, a 51.4 mile race that included some of the sports most acclaimed ultra-runners. Being a money manager has its perks. I am fortunate to have clients and friends that are front runners in their professions both on and off the field. Jodi Weiss is one of those leaders. Jodi is a long term client and executive with a New York consulting firm. She is an accomplished writer and fitness aficionado. She's also a serious ultra-marathoner completing fifteen 100 mile races in the past 4 years. Jodi's example and advice have been essential to helping me develop my running aptitude. I can honestly say that I have the best clients of all and in many ways they are family. I completed the race and set a personal best along the way. Jodi also ran her personal best; she did beat me, but not by much!

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